

Life Direction Mini Course Conclusion

Next Steps

Thank you for participating in the Life Direction mini course.

My intention for this training was offer you, the viewer, personal empowerment through enlightenment.

I want to encourage you to review the material over the next few weeks and months to ensure you are clearing old habits and creating new folds for your future direction.

Remember, you didn't arrive here over night. Your change won't happen over night, but it will happen.

When you are ready to take your personal development to the next level, I'd love to continue working and supporting you in your journey of life.

I offer group coaching focused around the Game Plan model I shared in this training as well as personal empowerment coaching.

To find out which option is best suited for you and your needs, schedule your discovery session (aka: Chaos to Clarity) with me at :

www.bookeo.com/abalancedlifeforyou

On the call, I will help you get crystal clear on your goals as well as uncover the obstacles that keep you stuck.

Thank you again, from the bottom of my heart. Knowing that I can make a difference in your life is my life's mission.

Action Guide for Life Direction Course Conclusion

Part 1

- 1 - What are some significant concepts you took away from this course?
- 2 - What are a few distinct possibilities you now have for yourself that excite you?
- 3 - List any breakthroughs you have had as a result of taking this course.
- 4 - What goals have you set for yourself?
- 5 - What is one specific action you need to take in order to move toward living the life you love?
- 6 - What do you need help with, what do you need to learn?
- 7 - What is one thing you are no longer willing to accept in your life?

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If you received value from this course, please consider leaving a review so other may take to opportunity to learn and grow too.
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