

Answer Yes or No

## **MONEY & PERSONAL FINANCES**

I have all the money I desire and deserve. \_\_\_\_\_

I am earning the money to meet my financial needs. \_\_\_\_\_

I am satisfied with my bank account status. \_\_\_\_\_

I manage my money effectively. \_\_\_\_\_

If no - why not?

## **RECREATION & LEISURE**

I have time to do the things I enjoy. \_\_\_\_\_

I have a hobby that I enjoy. \_\_\_\_\_

I have a life outside of my work/career. \_\_\_\_\_

I handle stress and anxiety effectively. \_\_\_\_\_

If no -why not?

## **RELATIONSHIPS - SOCIAL AND FAMILY**

I have a healthy relationship with my spouse. \_\_\_\_\_

I have good communication with my children. \_\_\_\_\_

I am satisfied with the relationship I have with my parents. \_\_\_\_\_

I am happy and satisfied with my social life. \_\_\_\_\_

Why not?

## **HEALTH and Wellness - Physical, Mental, Emotional, Spiritual**

I set aside time for myself. \_\_\_\_\_

I invest in personal development. \_\_\_\_\_

I live a fulfilling and meaningful life. \_\_\_\_\_

I feel connected to my higher source. \_\_\_\_\_

I can handle chaos and change effectively. \_\_\_\_\_

Why not?

## **ENVIRONMENT**

My home feels organized and clean to me. \_\_\_\_\_

My office space is clear and organized. \_\_\_\_\_

My bedroom is calm and soothing. \_\_\_\_\_

If no - why not?

## **CAREER & BUSINESS**

I work towards career achievements/advancements. \_\_\_\_\_

I am satisfied with my current position/title/status. \_\_\_\_\_

My work is rewarding. \_\_\_\_\_

If no - why not?