General Release and Agreement

In exchange for the opportunity to participate with Rhonda Cimorelli, John Cimorelli, A Balanced Life For You LLC (ABL4U) and HeartLand Estate (HE), or for other good and valuable consideration, I hereby generally release, wave, discharge, and hold harmless Rhonda Cimorelli, John Cimorelli, A Balanced Life For You, Heartland Estate, their animals, agents, employees, assistants, independent contractors, cosponsors, and all their affiliates of any liability whatsoever related to my participation in programs for personal development and leadership camps, trainings, seminars or workshops.

I execute this release with the express intention of affecting any legal consequences provided by North Carolina statues that is the release of all liability associated with participating with Rhonda Cimorelli, John Cimorelli, A Balanced Life For You LLC, Heartland Estate. This letter of general release an agreement shall constitute the full and complete understanding between the parties and shall supersede any prior or contemporaneous representations or agreements oral or written. This agreement shall be interpreted pursuant to and governed by the laws of the state of North Carolina. It is agreed that the venue for any such action as law is Pitt County, North Carolina, USA. No assignment of this agreement is permitted in any attempt to assign all or any rights, obligations or duties under this agreement shall be null and void.

Warning: Under NC Law and Equine activity sponsor or equine professional is not liable for an injury to or the death of a participant and equine activities resulting exclusively from the inherent risk of equine activities. Chapter 99E of the North Carolina General statues.

I acknowledge that there is an inherent risk in dealing with horses and I have been apprised of those dangers. In some jurisdictions, a general release does not automatically extend to claims which a creditor or release or does not know or suspect to exist in his her favor at the time of executing the release, which if known by him her would materially affect his her settlement with the debtor or releasee. I acknowledge that this General Release and Agreement does extend to all claims known and unknown. By signing the agreement I voluntarily and expressly release, wave, discharge and hold harmless Rhonda Cimorelli, John Cimorelli, ABL4U, HE, their animals, agents, employees, and agreement assistance, independent contractors, and coach sponsors and all their affiliates of any liability whatsoever now known, unknown or believed to exist with respect to the matters mentioned herein, or which may later be discovered and that it is my intention to hear by fully and forever settle and release any and all matters regardless of the possibility of later discovered claims or facts.

I acknowledge that I have carefully and completely read and fully understand all aspects of the General Release and Agreement and agree to these terms in their entirety. I acknowledge that I have the right and I have been in courage to consult an attorney before entering into this General Release and Agreement. I hereby agree that should any legal proceedings arise relating to this General Release and Agreement, the disallowance of any term or condition will not prevent the legal enforcement of all other terms and conditions of said agreement.

_____ I hereby completely release Rhonda Cimorelli, John Cimorelli, A Balanced Life For You LLC and Heartland Estate their animals, agents, employees, assistants, independent contractors, cosponsors, and all their affiliates of any liability whatsoever related to my participation in FLOW camp. I hereby elect to and do assume all the risk for claims here to four and here after arising known or unknown from this general release and agreement and from my participation

_____ I am aware that this is an experiential equine and leadership camp. The leaders are not therapists and this is not a therapy session.

Camper Signature _____ Date _____

Parent Signature _____ Date _____

Witness _____ Date_____